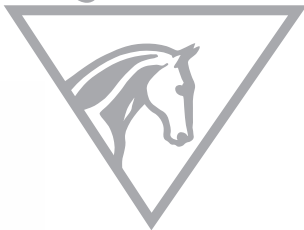


# EQUISTRO®



## Parts used: Fruit

The early Arabic name was anysum from which was derived the Greek anison and the Latin anisun.

## Botany

Anise is an annual herb that grows 0.3 to 0.6 m and is cultivated widely throughout the world. The 2 mm long, greenish-brown, ridged seeds are used as food or as a herb.

## Constituents

A major component of anise oil is trans-anethole (75% to 90%), responsible for the characteristic taste and smell. The whole seed includes coumarins, fatty acids, beta-amyrin, stigmasterol, and flavonoids (rutin, isoorientin, and isovitexin).

## Possible Interactions

Herb - None well documented. Drug - Possible with oestrogens

## Comments

Traditionally used as carminative and expectorant as well as antiseptic and for the treatment of cough, asthma, and bronchitis.

## ANISE *PIMPINELLE ANISUM*

➔ Pharmacopoeia and Other Monographs  
BHP 1983, , German Commission E

# Vétoquinol



*Signe de Passion*