EQUISTRO®

Parts used: **Bulb (clove)**

Botany

Central to southern Asia is considered the region of origin, but now found worldwide. A perennial plant, growing to 25-70 cm high, the garlic bulb is usually a compound bulb. The bulb colour is either silky white or green.

Constituents

Contains antioxidant enzymes (e.g. allinase, catalases, superoxide dismutases,) as well as volatile oils notably aliins, allicin and other constituents (proteins, vitamins and trace minerals).

Possible Interactions

Herbs - Herbs with anticoagulant/antiplatelet potential. Drugs - Possibly anticoagulant/antiplatelet drugs, cyclosporine and isonazid.

Comments

Traditionally used in herbal medicine to help relieve the symptoms associated with upper respiratory tract infections and catarrhal conditions. By 1996 there were at least 1,808 scientific studies (chemical, pharmacological, clinical and epidemiological) investigating the activities of garlic. Garlic is rich in both alliin and allinase phytonutrients. Antimicrobial, antioxidant and antithrombotic effects have been documented for Garlic.

GARLIC *ALLIUM SATIVUM*

➥ Pharmacopoeia and Other Monographs

ESCOP 2003, BP 2007, Ph Eur 2007, WHO 1999, The German Commission E, USP29/NF24

Vétoquinol

Signe de Passion