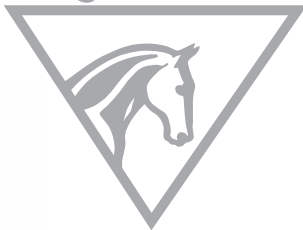


EQUISTRO®



Parts used: Strobile (female part)

Botany

This plant is indigenous in Europe although cultivated in the USA and Asia. This perennial plant reaches a height of 6 m. The male flowers are yellowish green while the female flowers are richly blossomed.

Constituents

Rich in acylphloroglucinols, flavonoids (xanthohumole), volatile oils (mycrene, humulene, and beta-caryophyllene) and tannins (notably oligomeric proanthocyanidines).

Possible Interactions

Herbs - Possibly herbs with sedative properties. Drugs - Possibly alcohol and CNS depressants.

Comments

Approved by the German Commission E for nervousness. Hops have been reported to exhibit hypnotic and sedative properties. 2-Methyl-3-buten-2-ol, a bitter acid degradation product, has been identified as a sedative principle in hops. Hops may contribute to depression.

HOPS *HUMULUS LUPULUS*

➔ Pharmacopoeia and Other Monographs
ESCOP 2003, BP 2007, Ph Eur 2007, The German Commission E

Vétoquinol



Signe de Passion