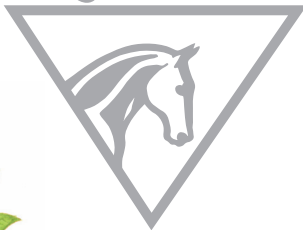


EQUISTRO®



Parts used: Flower

Botany

The plant is found in northern and southern Europe, North America and Asia. Perennial, it grows from 50 to 200 cm high. The flowers are yellowish white.

Constituents

Contains flavonoids (spiraeoside, rutin), volatile oils (notably salicylaldehyde, an salicylic acid ester) and tannins. Coumarin, mucilage, carbohydrates and ascorbic acid (vitamin C).

Possible Interactions

Herbs - None documented. Drugs - Possibly aspirin, narcotic drugs and salsalate.

Comments

Approved by the German Commission E for bronchitis and fever it is traditionally used for rheumatism and loss of appetite. Meadowsweet has stomachic, mild urinary, antiseptic, antirheumatic, astringent and antacid activities. It contains salicin, a plant salicylate. Bacteriostatic activity against *Staphylococcus aureus*, *Staphylococcus epidermidis*, *Escherichia coli*, *Proteus vulgaris* and *Pseudomonas aeruginosa* has been documented for flower extracts.

MEADOWSWEET *FILIPENDULA ULMARIA*

➔ Pharmacopoeia and Other Monographs
ESCOP 2003, BP 2007, Ph Eur 2007, German Commission E

Vétoquinol
Signe de Passion

